

Talk About Condoms

Talking about using condoms can be hard, especially if they're someone you don't know very well. Remember it is your right to demand a condom is used, or to not have sex if your partner won't use a condom.

If they don't want to discuss using condoms, make sure you do. It may seem difficult at the time, but you will know you were protecting yourself. Below are some responses you can use when discussing using condoms:



They Say - Sex with condoms doesn't feel as good. I can't feel anything with one on...

You Say - Sex may feel different with a condom, but it doesn't have to be unpleasant. I know if we use condoms I'll feel a lot safer and more relaxed, and that will make sex more enjoyable for both of us.



They Say - Don't you trust me?

You Say - We may both believe we're disease free and trust each other, but people can have an STI and not know it. We may not be able to trust our past partners. I trust that using a condom will protect us both.



They Say - My HIV test was negative...

You Say - HIV is not the only infection I'm worried about. There are several STIs that may not have any visible symptoms even if you are infected. A condom will help protect us both from getting an STI.



They Say - I love you. If you really loved me, you wouldn't ask me to use a condom...

You Say - Love isn't the issue. Getting a sexually transmitted infection is. I think if you loved me you would be more concerned about protecting us both from infections.

Use Condoms. Always.

